



Junior/Senior Program

The **Junior Level** Program is designed with an emphasis on the skater to begin to participate in USFSA tests within Moves in the Field (MIF), Freestyle, and Dance through independent practice and private coaching. There are no group lessons provided through the club. At this level, private coaching is strongly recommended. The cost of coaching is

not included in the club's fees- the club provides only ice time. To qualify for the Junior level in our club, skaters must have passed Pre Free Skate.

The goal of our **Senior Level** Program is to continue the emphasis on the skater's participation in USFSA tests within Moves in the Field (MIF), Freestyle, and Dance through independent practice and private coaching. There are no group lessons provided through the club. At this level, private coaching is strongly recommended. The cost of coaching is not included in the club's fees – the club provides only ice time. To qualify for the Senior level, skaters must have passed two out of the three elements listed: Pre-Juvenile Freestyle, Juvenile Moves (MIF) and all Bronze Dances.

Tuesdays (Canton Recreation Pavilion)
8:00-9:30 Junior/ Senior

Saturdays (Canton Recreation Pavilion)
9:00-9:50 am Junior/Senior

Thursdays (Canton Recreation Pavilion)
6:15-8:00 Junior
8:15-10:00 Senior

Sundays (Appleton Arena St. Lawrence University)
8:00-10:45 Senior
11:00-1:45 Junior

Membership

\$90 USFS SLFSC Home Club Membership- *includes a one-time only \$30 raffle ticket charge per family – the tickets will be distributed during the first few weeks of regular skating in October. If you renewed your membership in the summer or fall - your account has already been credited.*

Ice Contracts/Packages

Juniors/Seniors	\$545
Tuesday Only	\$125
Thursday Only *Stroking and Figures included	\$175 \$225 Non-Club Member
Saturday Only	\$125
Sunday Only	\$250 \$300 Non-Club Member

Installments are available

To Register Visit:

<http://comp.entryeeze.com/Membership/Welcome.aspx?cid=308>

Questions:

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Visit www.slfsc.net for more information